TOP DEFICIENCIES COMMONLY SEEN WITH HOME HEALTH COPS & ACTION PLANS TO ENSURE COMPLIANCE
“FOR ANY PROBLEM, NO MATTER HOW BIG OR COMPLEX IT MAY BE, THERE IS A SOLUTION”

— EARL NIGHTINGALE
INTRODUCTION

- Review the Home Health CoPs
- Define the Types of deficiencies
- Discuss Examples of common deficiencies and/or vulnerabilities seen in Agency
- What can your Agency do to avoid deficiencies?
- Discussion of what processes your Agency has implemented to comply with the difficult CoPs
HOME HEALTH SURVEY PROCESS, COPS, DEFICIENCIES & ACTION PLANS
DEFICIENCIES

- Types:
  - Standard Level
  - Condition Level
  - Immediate Jeopardy (IJ)

- Increase in Condition Level Deficiencies and IJ seen
- Can Lead to Non Monetary and/or Monetary Sanctions
- SOM- Appendix Q- guidance for identifying immediate jeopardy revised 3/2019
  - IJ increased to $21,800 per day per citation!
LEVEL 1 STANDARDS - HIGHEST PRIORITY STANDARDS

- Process standards that are associated with high-quality patient care, and
- Administrative standards that closely relate to the agency’s ability to deliver high-quality patient care
- Surveyors must review all of these standards during a standard survey
- Examples:
  - Investigation of complaints
  - Initial assessment visit
  - Plan of care
TOP CITATIONS

- G536 - POC Includes Review Of Current Medications
- G572 - Each Patient Has An Individualized POC Signed By Doctor
- G574 - Components Of POC
- G580 - Drugs/Treatment Services Administered Only As Ordered By Physician
- G584 - Verbal Orders Accepted In Compliance With State Laws & Regulations /Home Health Policies
TOP CITATIONS

- G590 - Promptly Alert Relevant Physician Of Changes
- G608 - Care Coordinated To Meet Patient Needs
- G682 - Precautions To Prevent Transmission Of Infections & Communicable Diseases
- G710 - Services To Be Provided In Accordance With POC
- G716 - Clinical Notes
§484.105
ORGANIZATION & ADMINISTRATION OF SERVICES
Written Agreement - The agency, organization, or individual providing services under arrangement may not have been:

- (i) Denied Medicare or Medicaid enrollment;
- (ii) Been excluded or terminated from any federal health care program or Medicaid;
- (iii) Had its Medicare or Medicaid billing privileges revoked; or
- (iv) Been debarred from participating in any government program.

Ensure you add to contracts and verify that contracted agencies or individuals meet this new part of the standard.

https://exclusions.oig.hhs.gov/
§484.110
CLINICAL RECORDS
Deficiency: In 12 of 12 records, there is no information documented that patient had been asked - and if the patient wanted a patient selected representative.

Staff interview- 2 of 3 did not know about a patient selected rep and the need to have them involved as the patient wishes. They also did not know where they were to document this.

Pt must be asked if they want a patient selected rep with documentation in the clinical record.

This should be established at admission time and communicated to all staff involved in the plan of care.
A patient’s clinical record (whether hard copy or electronic form) must be made available to a patient, free of charge, upon request at the next home visit, or within 4 business days (whichever comes first).

Ensure you have a process for this, as it necessary to have it before next visit.

As part of the CMS Flexibilities to Fight COVID-19 - 1135 Waivers, CMS will allow HHAs ten business days to provide a patient’s clinical record, instead of four.
Ensure a completed discharge summary is sent to the primary care practitioner or other health care professional who will be responsible for providing care and services to the patient after discharge from the HHA (if any) within 5 business days of the patient’s discharge.

For Transfers - A completed transfer summary that is sent within 2 business days of a planned transfer or 2 business days of becoming aware of an unplanned transfer.

Have a Tight Process in Agency to track days in order to ensure timeliness!
§484.45
REPORTING OASIS INFORMATION
STANDARD – G372 - (A) REPORTING OASIS INFORMATION

- HHAs must electronically report all OASIS data collected in accordance with §484.55.
- An HHA must encode and electronically transmit each completed OASIS assessment to the CMS system, regarding each beneficiary within 30 days of completing the assessment of the beneficiary.
- As part of the CMS Flexibilities to Fight COVID-19 - 1135 Waivers, CMS is waiving the 30-Day OASIS submission requirement.
  - Delayed submission is permitted during the PHE.
  - HHAs must submit OASIS data prior to submitting their final claim in order to receive Medicare payment.
20 of 160 OASIS- 12.5% (> 10%) transmitted did not show evidence they were transmitted within 30 days of completing the assessment of the beneficiary. OASIS validation reports contained a warning for these OASIS for transmission greater than 30 days.

If the required quality data is not reported by each submission deadline, the HHA will be subject to a 2% reduction in their Annual Payment Update.

It will be extremely critical under PDGM to ensure that there is a process for sending all patients in regularly, recommend weekly, in order to keep the Quality Assessments in compliance.
§484.50
PATIENT RIGHTS
Provide the patient and the patient’s legal representative (if any), the following information during the initial evaluation visit, in advance of furnishing care to the patient:

**Deficiency:**

- In 1 of 5 clinical records review, the patient’s legal representative was in a different state than the patient.
- There was no evidence that the Agency provided the written rights and responsibilities or the OASIS privacy notice to the patient's legal representative in advance of providing care to the patient.
- The Administrator confirmed that the HHA had not been able to contact the patient's legal representative until after services for the patient began.
(4) Participate in, be informed about, and consent or refuse care in advance of and during treatment, where appropriate, with respect to:

- (ii) The care to be furnished, based on the comprehensive assessment;
- (iii) Establishing and revising the plan of care;
- (iv) The disciplines that will furnish the care;
- (v) The frequency of visits;
- (vi) Expected outcomes of care, including patient-identified goals, and anticipated risks and benefits;
- (vii) Any factors that could impact treatment effectiveness; and
- (viii) Any changes in the care to be furnished.
DEFICIENCY - G434 - (C)(4) – PARTICIPATE IN CARE

- 6 of 10 clinical record reviews did not have documentation that the patient had the right to, participate in, be informed about, and consent or refuse care in advance of and during treatment, where appropriate.
- There was no evidence of the patient being informed of the frequency of proposed disciplines.
- The Home folder consent or other documentation signed by the patient did not state the disciplines or frequency of visits.
- Consent form signed at SOC is blank in areas of discipline frequency and no evidence in subsequent documentation of frequency.
DEFICIENCY - G436 - (C)(5) RECEIVE ALL SERVICES OUTLINED IN THE PLAN OF CARE

- On Home Visits, there was no evidence that patient had the major aspects of the plan of care in the home folder, including medication list, treatments, changes in frequency of services, etc.
  - Ties to Written information given to patient in 484.60(e)
  - Tips for Compliance
  - Must ensure that you have ongoing updates in the patients’ home folders with meds, treatments, calendar.
  - If your EMR does not have a patient friendly method of updating all timely, you may have to implement a paper POC update form.
October 2019 CMS

- removed the requirements for verbal (meaning spoken) notification of all patient rights at §484.50(a)(3)
- replaced it with requirement that verbal notice must be provided for those rights related to payments made by Medicare, Medicaid, and other federally funded programs, and potential patient financial liabilities as specified in the Social Security Act (the Act).
(7) Be advised, **orally and in writing**, of: Payment, charges not covered, co-pays, etc.

(iv) Any changes in the information provided when they occur.

The HHA must advise the patient and rep (if any), of these changes as soon as possible, **in advance of the next home health visit.**

**Deficiency:**

- 10 of 17 did not have evidence of documentation in the patient record that before the care was initiated, the HHA informed the patient, orally and in writing, of financial requirements and expectations.

- Consent form signed at SOC is blank in area of Patient Payor.
G446 - (C)(10) RIGHTS OF THE PATIENT

- Names, addresses, and telephone numbers of the following Federally & State-funded entities that serve the area where the patient resides: (i) Agency on Aging,….(v) QIO

**Deficiency:**

- Home folders did not include that the patient was advised of the names…..
- There was no evidence in the clinical record that the agency provided the patient of the names….for the territory in which the patient lives.
§484.55
INITIAL ASSESSMENT VISIT
484.55 - INITIAL ASSESSMENT VISIT

- As part of the CMS Flexibilities to Fight COVID-19 - 1135 Waivers for 42 CFR 484.55(a) Initial Assessments:

- Home Health agencies can perform initial assessments and determine patients’ homebound status remotely or by record review
  - This still must occur within 48 hours of referral, or within 48 hours of the patient’s return home, or on the physician-ordered start of care date

- Occupational Therapists (OTs) are allowed to perform the Initial Assessment. Therapists must act within their state scope of practice laws when performing Initial Assessments
G514 - (A)(1) - INITIAL ASSESSMENT VISIT

- RN must conduct an initial assessment visit to determine the immediate care and support needs of the patient; For Medicare patients, to determine eligibility for the Medicare HH benefit, including homebound status.
  - Within 48 hours of referral, or within 48 hours of the patient’s return home, or on the physician-ordered start of care date.

- If Therapy Only and if the need for that service establishes program eligibility (i.e., an OT cannot do), the initial assessment visit can be Therapist.

- Check for an Acceptable Diagnosis in the FTF and on Initial Assessment, as well as a Skilled Need!
INTERPRETIVE GUIDELINES – G514 - (A)(1) INITIAL ASSESSMENT VISIT

- An HHA that is unable to complete the initial assessment within 48 hours of referral or the patient’s return home, shall not request a different start of care date from the ordering physician to ensure compliance with the regulation or to accommodate the convenience of the agency.

Tips for Compliance
- HHA processes have to define referral acceptance in line with staffing availability.
- If Agency doesn’t have the staff to meet the deadlines, they should not accept the referral.
DEFICIENCY - G514- (A)(1) – INITIAL ASSESSMENT VISIT

- 4 of 10 clinical records did not have the initial assess visit within 48 hours of referral, within 48 hours of the patient's return home, or on the physician-ordered start of care date.
- These patients were referrals on a Friday and the physician was asked to initiate services on Monday due to HHA staffing over the weekend. The physician did approve this.
- However, this is staffing for agency convenience and not the actual physician order.
§484.55
COMPREHENSIVE ASSESSMENT
OF PATIENTS
As part of the CMS Flexibilities to Fight COVID-19 - 1135 Waivers for 42 CFR 484.55 Comprehensive Assessments:

- Occupational Therapists (OTs) are allowed to perform both the Initial Assessment and Comprehensive Assessment. Therapists must act within their state scope of practice laws when performing initial and comprehensive assessments, and access a registered nurse or other professional to complete sections of the assessment that are beyond their scope of practice.
G530 (C) CONTENT OF THE COMPREHENSIVE ASSESSMENT-MUST INCLUDE, AT A MINIMUM, THE FOLLOWING INFORMATION:

- Patient's strengths, goals, and care preferences, including the patient's progress toward achievement of the goals identified by the patient and the measurable outcomes identified by the HHA
- Patient’s continuing need for home care
- Patient's primary caregiver(s), if any, and other available supports, including their:
  - (i) Willingness and ability to provide care, and
  - (ii) Availability and schedules
POC DOCUMENTATION: PATIENT STRENGTHS, GOALS, CARE PREFERENCES

- Patient self-stated strengths-
- Ask the patient "What are your strengths?"
  - This empowers the patient to take an active role in their care
  - Patient "My strength is my daughter; I want to get better so she doesn't need to help me so much"
Patient self-stated goals and care preferences:

- Ask the patient "What are your goals?"
  - This engages the patient to take an active role in their care rather than a passive role
  - Patient "I want to be able to walk around my house without using this walker; and I’d like it if the therapist could visit on Tues and Thurs as my daughter will be here on those days"
POC DOCUMENTATION: PATIENT STRENGTHS, GOALS, AND CARE PREFERENCES

- Include details regarding:
  - Care preferences of the patient and/or representative
  - Specific personal goals the patient would like to achieve during the Home Health episode
  - Are the personal goals realistic based on the patient health status?
  - Do the personal goals need to be modified based on the patient health status?
    - If so, be sure to document discussion with patient regarding this.
Patient will verbalize understanding of s/s of exacerbation of CHF to report to physician of increased SOB, weight gain of 2lbs/day or 5lbs/week, increased swelling of legs - by the end of week 2

Patient spouse will verbalize understanding of techniques for pressure prevention including: change positions frequently, keep skin clean/dry, adequate intake of protein, inspection of skin, use of skin protectant - by the end of week 2

Pt will ambulate 150 ft with use of cane on level surface by the end of week 3

Pt will achieve 90 degrees of knee flexion AROM by the end of week 2
"The patient is at risk of emergency department visits and hospital re-admission due to recent cardiac surgery/stent placement, lack of understanding of medication regimen, and lack of transportation to medical appointments."

POC Interventions

- Instruct patient in cardiac disease management, s/s infection to catheterization site to report, medication regimen, referral to Social Service to assist with transportation needs
EMERGENCY PREPAREDNESS (B)(1)

- Emergency Preparedness (b)(1) The plans for the HHA’s patients during a natural or man-made disaster. Individual plans for each patient must be included as part of the comprehensive patient assessment, which must be conducted according to the provisions at §484.55.

- Deficiencies are seen with lack of or incomplete Individualized Emergency Preparedness plans in Clinical Records and Home Visits.
Tips for Compliance:

- Ensure that the tool for the Individualized EP plans include sufficient categories for staff to utilize with patient.
- Audit clinical records and patient home folders for patient EP plans.
A review of all medications the patient is currently using in order to identify any:

- Potential adverse effects and drug reactions
- Including ineffective drug therapy
- Significant side effects
- Significant drug interactions,
- Duplicate drug therapy, and
- Noncompliance with drug therapy
The HHA should have policies that guide HHA clinical staff in the event there is a concern identified with a patient’s medication that should be reported to the physician.

Including Significant Drug-Drug interactions - What Severity Level? When and how do you notify physician and get return communication?

Therapist must submit a list of patient meds to an HHA nurse for review.

The HHA should contact the physician if indicated.

The RN needs to document the Med review in Therapy only cases in a standardized location of the clinical record.
DEFGICIENCY - G536- (C)(5) - REVIEW OF ALL CURRENT MEDS

Tips for Compliance:

- Ensure an ongoing medication review is completed for all patients; have specific locations for documentation.
- Ensure all PRN medications identify a reason and timeframe.
- Ensure the physician is notified of any medication discrepancies, side effects, problems, or reactions.
- Every Staff, every visit should ask the patient and caregiver if any new prescribed or OTC meds, any side effects, if they are taking their prn drugs and what the response is.
Clinical record did not have evidence of a review of all medications that the patient was currently using:

- Medication Profile included:
  - Normal Saline flush IVP without including dose
  - Profile included Heparin Flush 100u/ml, 5000units every day IVP - Dosage was supposed to be 500 units. (possibility of Condition or IJ upon further investigation due to potential harm to patient?)
  - Tylenol every 4-6 hours PRN without a qualifier for PRN
  - Loratadine, Lyrica, Neurontin, prochlorperazine, Santyl, Senna, Senna Plus without including a dose, frequency or route.
  - Insulin Lispro 1-16 units SQ before meals without defining the dosage parameters
  - Visit note included Pain med that was not on medication profile/order.
§484.60
CARE PLANNING, COORDINATION OF SERVICES, AND QUALITY OF CARE
G574 – (A)(2) INDIVIDUALIZED PLAN OF CARE

Must include the following:

- (xii) Description of the patient’s risk for emergency dept visits and hospital re-admission, and all necessary interventions to address the underlying risk factors.
- (xiii) Patient and caregiver education and training to facilitate timely discharge;
- (xiv) Patient-specific interventions and education; measurable outcomes and goals identified by the HHA and the patient;
- (xv) Information related to any advanced directives
DEFICIENCIES-G570, G572, G574, G576

- G570-Care planning, coordination of services, quality of care
- G572-Individualized Plan of Care Signed by Doctor
- G574-Individualized Plan of Care
- G576-Orders Must be Recorded in the Plan of Care

Tips For Compliance:

- Ensure all patients have an individualized written plan of care that addresses the issues identified in the comprehensive assessment
  - Ex: Diagnoses with specific patient interventions and goals rather than Generic pulled over from EMR.
Tips For Compliance (continued):

- Ensure all physician orders are obtained prior to initiation of services
- Ensure all orders for all disciplines include the frequency, and duration of the service provided
- Ensure all therapy orders include the specific procedures and modalities to be provided
- Ensure PRN orders for medications and treatments identify an indicator for the administration of PRN treatment or medication
- Ensure orders state WHO is going to do a procedure and WHEN
- Ensure all verbal orders are recorded in the plan of care and timed.
DEFICIENCY: G572 - (A)(1) 17 OF 17 RECORDS DID NOT HAVE EVIDENCE OF AN INDIVIDUALIZED PLAN OF CARE. ORDERS:

- Therapy to use ultrasound did not include location, level, duration and frequency
- Blood Glucose Monitoring had no specifics – i.e., how frequently, by whom, parameters for which to notify physician
- Wound care daily and PRN. Did not have specific wound care orders; did not state who was to perform the wound care as nursing visit orders were 2 times a week; did not include a PRN qualifier
- Insulin 1-16 units SQ before meals did not include parameters for doses
DEFICIENCY: G572 - (A)(1) 17 OF 17 RECORDS DID NOT HAVE EVIDENCE OF AN INDIVIDUALIZED PLAN OF CARE. ORDERS: (CONTINUED)

- Order for SN to instruct on a low sodium diet. Visit notes stated patient on a Regular diet and no teaching documented on a low sodium diet.
- Patient’s secondary diagnosis of Diabetes had no interventions or goals on the POC.
- Goals were non specific – all patients had the same goals addressing standard areas such as infection control, medication knowledge and falls. Goals were not specific to the patient’s diagnoses, orders and interventions.
- Therapy interventions included wound care, diabetic foot care, and other orders that the therapists did not document.
Ensure all verbal orders include documentation of the **date and time that the order was received**

Ensure all medications, treatments, and services are administered as ordered by the physician

You Must have an Order for Everything you DO and you Have to DO Everything that is Ordered!

- **NO**- Weight Daily- means you have to weigh the patient daily-
- So Be Specific!
- **YES**- patient to weigh self daily, log weight, notify RN if weight +/- 2lbs
The HHA must **promptly alert** the relevant physician(s) to any changes in the patient's condition or needs that suggest that outcomes are not being achieved and/or that the plan of care should be altered.

*Example of documentation of facts but lack of physician notification resulting in IJ due to harm or potential harm to patient:*

- Wound - red, odorous, increased drainage
- Blood glucose outside of parameters
- Patient with low BP/dizziness/staggering, falls, etc.
Tips for Compliance:

- Notify physicians early and frequently for anything out of parameters, any negative changes, ineffective medications, treatments and therapies
- Team needs to communicate with each other for all changes so physician can be notified promptly
- BE EACH OTHERS’ EYES AND EARS!
- Reduces Emergent Care and Hospitalizations as well!
  - Improve patient and Agency Outcomes!
G592 (C)(2) REVISED PLAN OF CARE

- Revised POC must reflect current information from the patient's updated comp assess, and contain information concerning the patient’s progress toward the measurable outcomes and goals identified by the HHA and patient in the plan of care.

G594 (c)(3) Communicate Revisions to Plan of Care

  - (i) Any revision to POC due to a change in patient health status must be communicated to the patient, representative (if any), caregiver, and all physician issuing orders for the HHA POC.
  - (ii) Any revisions related to plans for the patient’s discharge must be communicated to the patient, representative, caregiver, all physicians issuing orders for the HHA POC, and the patient’s primary care practitioner or other health care professional who will be responsible for providing care and services to the patient after discharge from the HHA (if any).
DEFICIENCY: G580, G588 – 484.60 - ONLY AS ORDERED BY A PHYSICIAN/REVIEWED, REVISED

- 8 of 17 records did not have evidence that the agency promptly alerted the relevant physician(s) to changes in the patient's condition or needs that suggest that outcomes are not being achieved and/or that the plan of care should be altered.
- FREQUENCY OF VISITS: SN ordered for 3x week; 2 visits made week 4 and 5, without evidence physician notified.
- MSW eval ordered at SOC - no visit made by MSW, with no evidence of physician notification
- PT ordered at SOC – 11 days until visit was made
G600 – (D) COORDINATION OF CARE

- (1) Assure communication with all physicians involved in the plan of care.
- (2) Integrate orders from all physicians involved in the plan of care to assure the coordination of all services and interventions provided to the patient.
- (3) Integrate services, whether services are provided directly or under arrangement, to assure the identification of patient needs and factors that could affect patient safety and treatment effectiveness and the coordination of care provided by all disciplines.
14 of 17 records did not have evidence of coordination of care by the HHA. There was no documentation that the disciplines talked to each other or communicated to the physician about the care the patient was receiving.

RN documented plan for next visit included teaching the caregiver wound care procedure. No evidence of care coordination between the RN and the LPN prior to the LPN visit. LPN visit note did not state that she taught the caregiver wound care, and LPN documented she did it alone.

MSW visit note stated caregiver planned to meet the HH aide regarding helping the patient put on and take off her brace. MSW did not communicate this information to the RN or the Aide, instead documented instructing the caregiver to contact the office to schedule training for the aide.
G612 – (E) WRITTEN INFORMATION TO THE PATIENT AND CAREGIVER

1. Visit schedule, including frequency of visits by HHA personnel and personnel acting on behalf of the HHA.

2. Patient medication schedule/instructions, including: med name, dose and frequency and which medications will be administered by HHA personnel and personnel acting on behalf of the HHA.

3. Any treatments to be administered by HHA personnel and personnel acting on behalf of the HHA, including therapy services.

4. Other pertinent instruction the HHA will provide, specific to the patient’s care needs.

5. Name and contact information of the HHA clinical manager.
G612 – (E) WRITTEN INFORMATION TO THE PATIENT AND CAREGIVER

Tips For Compliance:

- Visit schedule- Simple calendar for patient to use daily to identify who is coming and when. Advanced! So plan the episode. Revise if changes – however, coordinate care with team, patient/caregiver so that all staff know changes. Contractors MUST be on calendar too!

- Medication list- patient friendly; MUST be at SOC and Updated! Do not wait for the 485 for EMR printout if there will be a delay! Options: handwrite on admission, enter into EMR same day and have staff end of day, Use mobile printers.
Tips For Compliance:

- Treatments – Must have a lay person description of all that HHA is doing and/or teaching patient/caregiver to do.
- Ex: HEP, IV care, Foley Care, Wound Care, etc.
- Other pertinent instructions related to the patient’s care
- Patient Friendly Ongoing POC Update!
- Supervisory Home Visits - the ONLY way to ensure Compliance!
- Name and contact information of the HHA clinical manager
INTERPRETIVE GUIDELINES – G612 - (E) WRITTEN INSTRUCTIONS TO PATIENT/CAREGIVER

- These documents e1-5 must be provided to the patient, caregiver and rep (if any) no later than the next visit after the plan of care has been approved by the physician.
- Written information should be updated as the plan of care changes.
- Clear written communication between the HHA and the patient and the patient’s caregiver and representative (if any) helps ensure that patients and families understand what services to expect from the HHA, the purpose of each service and when to expect the services.
Reeducation to all staff and contractors re: risk for ER/Hosp, patient identified goals

Individualized POC - will meet patient specific needs identified in comp assess - with measurable outcomes.

POC in home will be updated ongoing.

Pt/caregiver ed and training, including tool for coordinating with patient/caregiver and all disciplines to keep all informed and included.

The services provided are coordinated and meeting patient needs.

After each staff is re-educated, they will be held accountable to following the plan.

Supervisory visits - 2 patients/week for 3 months to look for the appropriate documentation and evidence POC is being updated/ discussed with patient/caregiver.
If the patient cannot be seen within the time guidelines because of staffing issues, the physician must be notified and another agency to be found to provide the care.

Coordination of services will be enforced between disciplines including RN/LPN, and RN/Aide.

LPN’s will be informed verbally and in writing of the patient’s POC with the patient’s frequency and services/care to be provided.

Aides will be provided with Aide Assignment Sheet, which the RN will review with Aide prior to Aide visiting the patient.

The RN will regularly communicate with the Aide and the LPN while caring for the patient. Aides and LPNs will be reinstructed to contact the RN and/or Agency Clinical Manager if any potential changes to the POC or Aide Assignment sheet are necessary, and physician will be contacted as appropriate.
CONDITION LEVEL PLAN OF CORRECTION-
TO PREVENT RECURRENCE:

- 1) DPS will audit 1 week of notes/evals for each staff/week for 3 months for compliance. If 100% compliance after 3 months, it will change to quarterly in quality indicators with a 20% review at a goal of 95%.

- 2) Ongoing clinical record reviews will be done by DPS to ensure compliance with following physician orders, coordination of care, as well as meeting all regulations in order to provide quality and safety to patients. There will be 100% of reviews done from _date range_. If 95% compliance is noted, with appropriate action items being instituted, then percentage of reviews will be decreased to 20% per month for 3 months with goal of 95%.
• Pain assessments are not specific to medications patient is taking to relieve pain, what is working and what doesn’t, how often they are taking the prn pain medications, etc.
• Clinicians documenting: medications needed multiple times a day.
• Documentation on all pain assessments - to relieve pain: “relaxation and repositioning”.
• Severe pain levels not reported to physician.
• Team not reporting pain improvements and declines to each other.
• Needs to be specific and patient customized.
§484.65 - QAPI
As part of the CMS Flexibilities to Fight COVID-19 - 1135 Waivers, CMS is modifying the requirement at 42 CFR §484.65 for HHAs, which requires these providers to develop, implement, evaluate, and maintain an effective, ongoing, HHA-wide, data-driven QAPI program.

Specifically, CMS is modifying the requirements to narrow the scope of the QAPI program to concentrate on infection control issues, while retaining the requirement that remaining activities should continue to focus on adverse events.

The requirement that HHAs maintain an effective, ongoing, agency-wide, data-driven quality assessment and performance improvement program will remain.
QAPI

- HHA must develop, implement, evaluate, and maintain an effective, ongoing, HHA-wide, data-driven QAPI program.
- Reflects the complexity of its organization and services;
- Involves all HHA services (including those services provided under contract or arrangement);
- Focuses on indicators related to improved outcomes, including the use of emergent care services, hospital admissions and re-admissions;
- Takes actions that address the HHA’s performance across the spectrum of care, including the prevention and reduction of medical errors.
- HHA must maintain documents of its QAPI program and be able to demonstrate its operation to CMS.
The program must be formal, with information specifying the Quality Indicators and Performance Improvement Project (PIP).

QAPI program incorporates infection surveillance, medication errors/adverse drug interaction, complaints, and data driven outcomes from CASPER.

Lack of a formal program is often seen in Agencies.

Raw data on numerous audit tools without percentages, goals/thresholds, compilation, trending is commonly seen.
KNOWLEDGE DEFICIT AND/OR DEFICIENT AREAS SEEN IN AGENCY QAPI PROGRAMS- PIP

- PIP - Selection should occur from identifying high risk, high volume, problem prone areas that are more complex.
- Identification can result from a Quality Indicator that upon monitoring is found to be non compliant and problematic.
- A PIP is a Project - this means that there should be ongoing documentation of for ex: meetings with various staff positions and possibly persons outside of the agency, brainstorming, root cause analysis, etc. in order to work on the project.
Example of Agency Non Compliance – a one page statement and outcome, no stakeholders involved, numerous PIP’s without a project in place, project is not complex and related to quality, outcomes, etc.

Examples of PIPs:
- Reduction in emergent care and hospitalization
- Medication Management
KNOWLEDGE DEFICIT AND/OR DEFICIENT AREAS SEEN IN AGENCY QAPI PROGRAMS - COMPLAINTS

- Ensure all staff understand what constitutes a complaint - Many agencies have few documented
- Trend Complaints! So that you know where problem areas occur and can then implement Quality Indicator or PIP
- Ensure complaint documentation includes resolution
- READ through the complaints objectively
  - “Pull the Thread” to determine if appropriate resolution, actions taken
§484.70 INFECTION PREVENTION & CONTROL

• 3 STANDARDS IN THE CONDITION:
  • PREVENTION
  • CONTROL
  • EDUCATION
6 standard precautions, identified by the CDC and Healthcare Infection Control Practices Committee (HICPAC), apply during any episode of patient care:

1. Hand Hygiene;
2. Environmental Cleaning and Disinfection;
3. Injection and Medication Safety;
4. Appropriate Use of Personal Protective Equipment;
5. Minimizing Potential Exposures; and
6. Reprocessing of reusable medical equipment between each patient and when soiled.
DEFICIENCY - G682 - INFECTION PREVENTION

- Key areas of non compliance seen on home visits:
  - Handwashing – not done between glove changes; dirty to clean, supply bag on floor (your agency policy is key), Laptop placed onto dirty area. Going into Supply bag without washing hands (contaminates entire bag).
  - Cleansing of equipment after patient use prior to putting in bag, car, another patient house – Agency Policy.
  - All staff educated and held accountable.
Tips for Compliance:

- Ensure all staff receive annual training/education regarding standard precautions. Document training/education
- Reinforcement - Include review of one standard precaution during each staff meeting
- Routine home visits with staff to ensure staff compliance with standard precautions
Control- HHA must maintain a coordinated agency-wide program for the surveillance, identification, prevention, control, and investigation of infectious and communicable diseases that is an integral part of the HHA's QAPI program.

The infection control program must include:

1. Method for identifying infectious and communicable disease problems
2. A plan for the appropriate actions that are expected to result in improvement and disease prevention.
INFECTION SURVEILLANCE PROGRAM - TIPS FOR COMPLIANCE

- Electronic or paper infection surveillance form initiated by field clinician identifying signs and symptoms of infections, notifying physician, identifying new antibiotics.
  - Clinicians must be educated to the process.
  - Lack of sufficient infection surveillance documents do not mean you do not have infections.
- Infection surveillance form goes to QAPI coordinator to track, trend, analyze.
- Identify Agency infection rate(s).
- Implement Quality Indicators when trends of a particular infection
  - Ex. Development of UTIs.
INFECTION CONTROL SURVEYS
INFECTION CONTROL SURVEYS

- CMS and State surveyors are beginning to survey home health agencies for infection control issues.
- The Targeted Infection Control Surveys are being conducted through a collaboration with CMS, state surveyors, the Centers for Disease Control and Prevention (CDC) and the HHS Assistant Secretary for Preparedness and Response (ASPR).
- CMS stated in a March 23 memo that surveyors will use a streamlined infection control review checklist to minimize the impact on provider activities, while ensuring providers are implementing actions to protect the health and safety of individuals to respond to the COVID-19 pandemic.
INFECTION CONTROL SURVEYS

- While CMS' directive applies to the CMS' federal surveyors and state agency surveyors, CMS also urges other surveyors, including Accrediting Organizations (AOs), to follow suit.
- The Infection control checklist is to be shared with all providers to allow for voluntary self-assessment of their Infection Control plan and protections.
- Priority of Survey Activities document:
INFECTION CONTROL SURVEYS

- Guidance for Infection Control and Prevention Concerning Coronavirus Disease 2019 (COVID-19) in Home Health Agencies (HHAs) document:

- Guidance for Infection Control and Prevention Concerning Coronavirus Disease 2019 (COVID-19) by Hospice Agencies document:
In the home setting, health care staff may have little control over the home environment, but must:

1) Educate staff, patients and family members regarding infection control procedures and how to avoid transmission of COVID-19, and
2) Maintain clean equipment and supplies and follow appropriate infection control procedures during home visits and transport of reusable patient care items.

For further information refer to CDC’s interim guidance for home care of people not requiring hospitalization for COVID-19:

In home and community-based settings, health care providers should advise patients with COVID-19 of the CDC guidance to mitigate transmission of the virus.

This includes:

- isolating at home during illness
- restricting activities except for medical care
- using a separate bathroom and bedroom if possible
- prohibiting visitors who do not have an essential need to be in the home

The certified Medicare/Medicaid provider is expected to share this information with patients with the COVID-19 virus and his/her caregiver.

Be sure to document all patient education related to COVID-19!

INFECTION CONTROL SURVEYS

- Home Health Agencies should implement the most recent infection control guidance from both CMS and the Centers for Disease Control and Prevention (CDC).
- Train staff in new/revised Infection Control policies/procedures or Provide Education on current policies/procedures if they meet CMS/CDC guidance.
- Ensure ongoing education related to agency Emergency Plans.
- Document all education/trainings.
§484.75
SKILLED PROFESSIONAL SERVICES
SKILLED PROFESSIONAL SERVICES

- (a) Provision of services by skilled professionals.
- (b) Skilled professionals must assume responsibility for, but not be restricted to, the following:
  1. Ongoing interdisciplinary assessment of the patient
  2. Development/evaluation of POC in partnership with patient, rep (if any), caregiver(s)
  3. Providing services ordered by physician as indicated in POC
  4. Patient, caregiver, and family counseling
  5. Patient and caregiver education
  6. Preparing clinical notes
  7. Communication with all physicians involved in POC and other health care practitioners (as appropriate) related to the current plan of care
  8. QAPI
  9. HHA-sponsored in-service training
INTERPRETIVE GUIDELINES – G720
SKILLED PROFESSIONAL SERVICES

- All skilled professional staff must provide input into and participate in the implementation of the QAPI program in order for QAPI to be effective.
- Every HHA skilled professional, whether the skilled professional is a direct employee or contractor of the HHA, is expected to contribute to all phases of the QAPI program.
- These contributions may include: identification of problem areas; recommendations to address problem areas; data collection; attendance at periodic QAPI meetings; and participation in PIPs.
SKILLED PROFESSIONAL SERVICES

Tips for Compliance:

- *Care Management Teams!*
- Ensure ongoing interdisciplinary assessment
  - Team communication to discuss patient issues, progress, POC
  - Ensure documentation of communication
- Ensure documentation of patient/caregiver being involved in POC
- Ensure documentation of patient/caregiver education
- Ensure Communication with all physicians involved in POC
DEFICIENCY: G704 –(B) RESPONSIBILITIES OF SKILLED PROFESSIONALS

- 8 of 17 records did not have evidence in the patient record that skilled professionals assume responsibility for preparing clinical and progress notes and providing care as ordered by the physician as indicated in the plan of care.
- On ‘date’ SN did not document procedure for wound vac change.
- On ‘date’, wound care was not provided to wound #3.
- On ‘date range’, SN did not document procedure utilized for PICC line dressing change.
- Clinical record review, 5 of 11 did not have evidence in the patient record of communication between disciplines.
DEFICIENCY: G718 – (B)(7)
COMMUNICATION WITH PHYSICIANS

- POC was noted to have orders to notify physician of pain greater than 7.
  - SN visit (date) pain assessment documented left hip pain of 8 and there was no documentation of physician notification.
- SN visit (date) documents sacral pressure ulcer wound deterioration from stage 1 to stage 2, no documentation of physician being notified.
Mandatory re-education to all staff and contractors on (date) re:

Providing care in a timely manner; if cannot be done, will notify agency immediately to staff with another staff member visit or if none available, Agency will contact physician to notify that delay of treatment, and agency must transfer patient to another agency as they cannot provide the patient with the timely care.

Pain policy education: Each patient receiving skilled nursing and/or therapy services will have pain assessed initially and on an ongoing basis including location, intensity (on a pain scale) duration, frequency and character, current pain therapy or treatment/effectiveness of current therapy or treatment.
When patient’s pain is not relieved, the SN or therapist will intervene appropriately to include notification of the physician and/or patient education regarding alternative pain relief measures (i.e. relaxation therapy, music therapy, etc.)

To prevent recurrent noncompliance, the DPS will audit 15 charts/week for 3 months for therapy/SN - for compliance with timeliness of services and addressing pain according to policy.

If 100% compliance after 3 months, quarterly 20% review with 95% compliance. If lapses are found, appropriate education will be provided and/or the employee(s) responsible will be counseled with possible consequences from probationary period to possible termination.
§484.80
HOME HEALTH AIDE SERVICES
484.80 HOME HEALTH AIDE SERVICES

- As part of the CMS Flexibilities to Fight COVID-19 - 1135 Waivers:
  - CMS is modifying the requirement at 42 C.F.R. §484.80(d) that home health agencies must assure that each home health aide receives 12 hours of in-service training in a 12-month period.
    - CMS is postponing the deadline for completing this requirement throughout the COVID-19 PHE until the end of the first full quarter after the declaration of the PHE concludes.
  - CMS is waiving the requirements at 42 CFR §484.80(h), which require a nurse to conduct an onsite visit every two weeks.
    - This would include waiving the requirements for a nurse or other professional to conduct an onsite visit every two weeks to evaluate if aides are providing care consistent with the care plan, as this may not be physically possible for a period of time.
    - Virtual supervision is encouraged during the period of the waiver.
In-service training may occur while an aide is furnishing care to a patient:

- (1) In-service training may be offered by any organization, and the training would be required to be supervised by an RN.
- (2) HHA must maintain documentation that demonstrates the requirements of this standard have been met.

IG- When conducting in-service training during patient care, the patient must first be informed of and consent to the training and be informed of how the training will be conducted; patient rights, respect for the patient’s preferences, and potential for care disruption must always guide such training.
G804 (G) AIDES MUST BE MEMBERS OF INTERDISCIPLINARY TEAM

- Aides Must report changes in patient’s condition to RN or other appropriate skilled professional, and
- Must complete appropriate records in compliance with the HHA’s policies and procedures.

Tips for Compliance:
- Aides need to communicate to Team in the section of the EMR where the clinicians document coordination of care.
- Aides See a lot! Ex, “red spots on bottom” – patients tell them info! Ex, new meds, side effects, pain issues, etc. They need to report that and Clinicians follow through on information!
TIPS FOR COMPLIANCE

- “Per patient request” and PRN orders should not be used for any tasks, as the Aide lacks the decision-making ability to interpret information/data needed to revise the plan of care.
- Ensure all revisions to the aide plan of care are discussed, approved, and documented by the RN or other qualified professional.
- Ensure documentation in the patient record supports the aide provided care in accordance with the POC.
- If the patient refuses care, the refusal is properly documented and RN notified.
G806 (H) – SUPERVISION OF HOME HEALTH AIDES

- RN who is familiar with the patient, the patient’s plan of care, and the written patient care instructions must make an onsite visit to the patient’s home no less frequently than every 14 days.
- In Therapy Only, therapist must report concerns re HH aide to the clinical manager.

Tips for Compliance

- Agency process to ensure that the RN or Therapist Reviews the assignment sheet with the Aide to be sure Aide is doing tasks assigned.
  - Identify in this coordination of care if Aide Assignment needs to be revised.
Every supervisory visit, every element must be addressed:

- Following the patient’s plan of care for completing of tasks assigned to an aide by RN or other appropriate skilled professional
- Maintaining an open communication process with the patient, representative (if any), caregivers and family
- Demonstrating competency with assigned tasks
- Complying with infection prevention and control policies and procedures
- Reporting changes in the patient’s condition
- Honoring patient rights
Patient required placement of a cast for a fractured vertebrae following her bath from the Aide. The Aide performed this procedure during a surveyor home visit.

Aide care plan did not include instructions for this required cast placement

RN stated she did not review the procedure required for cast placement with the Aide.

There was no competency for the Aide done for this procedure.

Patient has been consistently receiving aide services, but there was no update in the Aide Care plan since Aide services began.

The RN stated that she did not discuss any necessary changes required with the Aide.
HOME HEALTH AIDE ASSIGNMENTS-DEFICIENCIES

- Aide assignment sheet did not have vital signs listed but each HHA documents vital signs on their visits.
- Aide assignment sheet has tub/shower; it must designate which one as Aide cannot make that decision.
  - Aide must have been competenced on tub if tub is checked.
- There are incidents of aide performing other tasks such as shampooing hair, ROM, making bed, etc. on visit notes not on the aide assignment sheet.
- The aide documents on 4 visits not performing a shower due to no hot water at the patient’s home, but no documentation that the RN was notified.
§484.102
EMERGENCY PREPAREDNESS
STANDARD - E006 -(A) EMERGENCY PLAN

- The HHA must develop and maintain an emergency preparedness plan that must be reviewed, and updated at least every 2 years.
  - *Revised by CMS Oct 2019, had been annually*

- (1) Be based on and include a documented, facility-based and community-based risk assessment, utilizing an all-hazards approach
  - All-hazards planning does not specifically address every possible threat or risk but ensures the facility will have the capacity to address a broad range of related emergencies.

- (2) Include strategies for addressing emergency events identified by the risk assessment.
E006/E007 – DEFICIENCY - EMERGENCY PLAN

- Emergency Plan was not individualized to agency
  - Generic
  - Not customized for potential hazards – i.e. blizzards, tornado, flooding, etc.
  - Strategies not developed to address the specific risks

- Address patient population
- Type of services HHA has the ability to provide in an emergency
- Continuity of operations, including delegations of authority and succession plans
E009 – DEFICIENCY - EMERGENCY PLAN

- Emergency Plan Must:
  - Include a process for cooperation and collaboration with local, tribal, regional, state, and federal emergency preparedness officials’ efforts to maintain an integrated response during a disaster or emergency situation.

- Documentation of the HHA’s efforts to contact officials and HHA participation in collaborative and cooperative planning efforts - Documentation requirement was removed by CMS Oct 2019, however the HHA must still have a process for cooperation and collaboration!
1. plans for the HHA’s patients during a natural or man-made disaster. Individual plans for each patient must be included as part of the comprehensive patient assessment.

2. procedures to inform State and local emergency preparedness officials about HHA patients in need of evacuation from their residences at any time due to an emergency situation.

3. procedures to follow up with on-duty staff and patients to determine services needed, in the event interruption in services. HHA must inform State and local officials of any on-duty staff or patients that they are unable to contact.
STANDARD – E0030 AND E0031- (C) – COMMUNICATION PLAN

- Must be reviewed and updated at least every 2 years.
- Must include all of the following:
  - (c)(1) Names and contact information for the following:
    - (i) Staff.
    - (ii) Entities providing services under arrangement.
    - (iii) Patients' physicians
    - (iv) Volunteers
  - (c)(2) Contact information for
    - (i) Federal, State, tribal, regional, or local emergency preparedness staff
    - (ii) Other sources of assistance
COMMUNICATION PLAN

- IG- Facilities are encouraged but not required to maintain these contact lists both in electronic format and hard-copy format in the event that network systems to retrieve electronic files are not accessible.

- Have primary and alternate means for communicating with the HHA’s staff
  - Methods may consider include satellite phones, walkie talkies, radios, short wave radios.

- IG- How the facility coordinates patient care within the Agency, across healthcare providers, and with state/local public health departments.
(d) Training and testing

The HHA must develop and maintain an emergency preparedness training and testing program that is based on the emergency plan set forth in paragraph (a) of this section, risk assessment at paragraph (a)(1) of this section, policies and procedures at paragraph (b) of this section, and the communication plan at paragraph (c) of this section.

The training and testing program must be reviewed and updated at least every 2 years.
STANDARD – E0037 - (D)(1) TRAINING

- Training program. The HHA must do all of the following:
  - (i) Initial training in emergency preparedness policies and procedures to all new and existing staff, individuals providing services under arrangement, and volunteers, consistent with their expected roles.
  - (ii) Provide emergency preparedness training at least every 2 years.
  - (iii) Maintain documentation of all emergency preparedness training.
  - (iv) Demonstrate staff knowledge of emergency procedures.
  - (v) If the emergency preparedness policies and procedures are significantly updated, the HHA must conduct training on the updated policies and procedures.
(2) Testing. The HHA must conduct exercises to test the emergency plan annually. The HHA must do all of the following:

• (i) Participate in a full-scale exercise that is community-based every 2 years; or
• (A) When a community-based exercise is not accessible, conduct a facility-based functional exercise every 2 years; or
• (B) If the HHA experiences an actual natural or man-made emergency that requires activation of the emergency plan, the HHA is exempt from engaging in its next required community-based or individual, facility-based functional exercise following the onset of the actual event.
STANDARD –E0039 (D)(2) TESTING

- (ii) Conduct an additional exercise **at least every 2 years**, opposite the year the full-scale or functional exercise under paragraph (d)(2)(i) of this section is conducted, that may include, but is not limited to the following:
  - (A) A second full-scale exercise that is community-based or individual, facility-based **functional exercise**; or
  - (B) A **mock disaster drill**; or
  - (C) A tabletop exercise or **workshop** that is led by a facilitator and includes a **group discussion** using a narrated, clinically-relevant emergency scenario, and a set of problem statements, directed messages, or prepared questions designed to challenge an emergency plan.

*This means 1 exercise needs completed every year*
STANDARD – E0039 (D)(2) TESTING

- (iii) Analyze the HHA’s response to and maintain documentation of all drills, tabletop exercises, and emergency events, and revise the agency’s emergency plan, as needed.

- *Remember always check your state regulations too!
STANDARD – E0037 - (D)(1) TRAINING

- Train all new and existing staff, individuals providing services under arrangement, and volunteers, consistent with their expected roles, every 2 years.
- Demonstrate staff knowledge of emergency procedures.
- “What is your role in the Emergency Plan?”
- EP training must be provided every 2 years, however, if an agencies EP policies and procedures are significantly updated, the agency must conduct training on those P&Ps.
DEFICIENCY: E0037-STANDARD – (D)(1) TRAINING

- Upon interviewing staff, 5 of 8 did not know emergency procedures
- 24 out of 74 personnel had required training.
- No emergency training done for contractors.
- No curriculum for required training. Sign in sheet stated date, trainer only.
PLAN OF CORRECTION
PLAN OF CORRECTION - EDUCATION

- One-on-one in-service will be provided to staff that were non compliant in obtaining and documenting Resumption of care orders. And a staff meeting will be conducted for all clinical staff who are responsible for completing the Resumption of care orders to obtain orders for all treatments and interventions required for care of the patient.

- Provide in-service to the agencies EMR provider on how the EMR can carry all of the interventions/orders/goals over to ROC verbal order (this has been completed already).

- Staff Meeting will be held to discuss the importance of customizing all plan of care for patients and not to use only generic interventions and orders.
PLAN OF CORRECTION - QAPI

- DPS will review 100% of the Resumption of Care orders for 4 weeks to ensure that there is documentation of the orders and interventions from prior to the ROC as well as all new orders - prior to being sent to the physician for review and signature.
- Threshold is 100%. Once threshold is met, will continue 50% of Resumption of Care orders to ensure accuracy quarterly.
- One on one meetings with any clinician who is found to be non compliant with ROC orders will occur on an ongoing basis.
CONCLUSION
IN CONCLUSION:

- **KNOW THE RULES!** All Clinical Managers have easy access to continually review the SOM (CoPs with IGs)!

- When unsure how to implement a reg, **ASK**!

- Frequent Mock Surveys- by an objective qualified person in your agency or an outside qualified entity performed the way a surveyor will. But be sure this person understands the COP’s and knows what to look for.

- Determines your vulnerabilities and have Task forces for those complex areas you identify.

- Let your QAPI program help you- Based on high volume, high risk, problem prone areas you find on mock survey, past near misses, past survey deficiencies, CASPER Outcome Reports. Involve all staff having them rotate through.
IN CONCLUSION:

- Ongoing Concurrent Clinical Record Reviews- Real time review allows for:
  - Action to be taken for physician notification,
  - Improving patient outcomes,
  - Preventing emergent care visits AND
  - Having your documentation be in compliance!

- Include 100% of your staff and contractors!

- This is KEY to being in compliance! If there is a lack of understanding of the rules, the rules will not be followed!
IN CONCLUSION

- Frequent Supervisory Home Visits
- Identify and utilize your Best Performers to assist with Home Visits, Record Reviews, etc.
- EDUCATE, EDUCATE, EDUCATE!
QUESTIONS?
THANK YOU

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